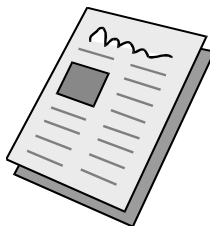


MIDDLETON ELDERLY AID NEWSLETTER



OCTOBER 2010

18 Middleton Park Road

Leeds

LS10 3ST

Tel 0113 2721050

Email: middletonelderlyaid@btconnect.com

Website: www.middletonelderlyaid.org.uk

Registered Charity No 1100601

This year seems to have flown by and here we are with Christmas just around the corner again! The last 2 months have been very busy for us at Middleton Elderly Aid. Last year we helped over 395 older people and if you feel we can help you then please don't hesitate to contact us. It doesn't matter how simple your question is if it is something that is bothering you then we will always do our best to find the answer for you.

Middleton Elderly Aid SUPER DRAW

We have had a low uptake of our Super Draw tickets this year. Tickets went on sale in August and very little interest as been shown.

Unfortunately if demand is low we will be unable to continue with the Super Draw next year. If you are interested in purchasing a £10 ticket, please contact the office. If you are not able to get in to the office Sam or Janet can deliver

Website

Our new website will be launched on 11 October; this will have details of our history, services, committee, activities, newsletters and events.

A Benefit you may be missing out on Attendance Allowance (AA)

What is it?

It is a non means tested disability benefit. You can claim it if you need help to look after yourself, due to a physical or mental disability or illness. You don't have to have someone at home caring for you to claim it.

Can I get it if I am aged 65 or over?

If you need frequent attention throughout the day with personal care, e.g. help with dressing and washing, or continual supervision to keep you safe. You must have needed help for at least 6 months; however in the case of terminal illness you can claim it right away.

Don't Forget

The clocks move back one hour on the last Sunday in October (31st) to signify the end of British Summer Time.

Handy Van - FREE

We now have a new service operating in our area. The Handy Van service is available to anyone over 60 who have £20,000 or less in savings. The services they offer include locks and bolts for doors and windows, smoke alarms, carbon monoxide detectors, door chains, door viewers, grab rails, stair rails and key safes. Apart from the key safes all the products that they supply are free and so is the fitting. Please contact the office and we will complete the referral form on your behalf.

Forbes Rental - Mobility Scooters and Electrical Equipment

This company offers special concessions for people over 60. You can rent brand new washers, dryers, fridges, freezers, TV's and recorders as well as mobility scooters for a modest weekly payment and have no worries about call out charges or expensive repair bills. For more information contact the office.

Snap Happy

Taking photographs is a great way of recording the friendship and enjoyment you have when you take part in our activities and outings.

If you take any pictures of our events, trips and activities, please send them to us by email middletonelderyaid@btconnect.com or drop them in to the office. We need photos for the newsletter, display boards and our new website.

Flu Jab Dates Lingwell Surgery

Tuesday	28 September	9am-6pm
Monday	4 October	1pm-7.30pm
Thursday	14 October	9am-6pm
Wednesday	20 October	9am-3pm
Wednesday	27 October	9am-12pm

Luncheon Club Wednesday 12 noon - 1.30pm
St Mary's Parochial Hall Cost £3.00 Bingo 50p

Come and join us for a 2 course hot lunch and a few games of bingo each week. Why not bring along a friend or relative. For more details and to book your lunch, contact Debra

Silver Surfers Monday, Wednesday and Friday classes available

Middleton Elderly Aid has vacancies for some new silver surfers. If you would like a one to one session to learn more about how to use a computer, send emails or surf the internet just telephone the office to arrange a time.

If you are having computer problems at home, Philip can carry out a home visit to help you get back on the right track. The charge for this service will be £2.00 a visit.

Memory Drop-in Sessions

Leeds City Library is running a monthly drop-in service for people with memory problems. It's for people who suffer with dementia, their carers, or anyone who would like more information. A range of professionals will attend each session to answer any questions you may have. There is no need to make an appointment, just pop in between 10.30am and 12.30pm on the first Wednesday of every month.

Trips

We are seeking suggestions for trips for next year. We have one trip booked so far to Oswaldtwistle Mills in February 2011. Please give the office a ring or drop us an email with any ideas. It maybe somewhere you have been with the Church, Conservative Club or another Organisation. If you would like to attend our Christmas Party or Oswaldtwistle Mills, please complete a booking form, which can be obtained from our shop.

Trip Dates - Names will be taken from Monday 12 October for the following:

**Christmas Party - Wednesday 8th December
12 noon - 5.00pm £8.00 a ticket**

**Oswaldtwistle Mills - Monday 28th February
£18.00**

Middleton Elderly Aid AGM 18th October 10.00am

This year's Annual General Meeting (AGM) is to be held on Monday 18th October at 10.00am at St Mary's Parochial Hall. All members are welcome to attend.

USEFUL CONTACT NUMBERS

AGE CONCERN 0800 009966	SOCIAL SERVICES 0113 2224401
AGE UK 0113 2458579	DOG WARDEN 0113 2224406
CARE RING 0113 2243485	AIRE VALLEY REPIRS 0800 915 6660
DIAL 0113 2143630 020 72781114	NHS DIRECT 0845 4647

Super Draw Number

August

9017 - £50

9048 - £10

9002 - £ 5

September

1033 - £50

1019 - £10

1007- £ 5